

## **AGENDA**

### ***Multicultural Competency: Unpacking Diversity in Clinical Practice*** **Ammara Khalid, Psy.D.**

**Note: All times are Pacific Time**

10:00 – 10:05 Welcome and Introduction

10:05 – 11:30 Exploring Cultural Self-Assessment and Biases

- ADDRESSING model – Pamela Hays
- Understanding Bias

11:30-11:45 Break

11:45 – 1:15 Cultural Humility, Intersectional Identities and Decolonizing Therapy

- Liberation Psychology and its applications
- Case examples - Intersectionality
- Going beyond buzzwords

1:15-1:30 Break

1:30-2:30 Ruptures and Microaggressions, Accountability and Ownership, Q & A

- Biases within marginalized groups
- Self-reflection questions
- Therapeutic alliance in social context
- Repairing Ruptures